

OREGON EMDR presents a live webinar: **THE EMDR HOUSE MODEL**
presented by Susan Wendelborg, LCSW.

Friday March 26, 2020
10am - 12:30pm Pacific Time



Susan Wendelborg, LCSW is a Certified EMDR clinician and EMDRIA-Approved consultant and advanced student of Sensorimotor Psychotherapy. She is the founder and Director of Oregon EMDR, LLC and former Regional Coordinator of the Western Oregon EMDRIA Regional Network. She is a former EMDR Basic Trainer with Personal Transformation Institute.

This training will include a 2 hour live video presentation followed by Q and A.

Do you feel LOST as an EMDR therapist? Do you feel like EMDR Therapy "just doesn't work for some clients."? Do you find yourself getting "stuck" in EMDR Therapy?

The EMDR HOUSE MODEL is an advanced training designed to assist clinicians in conceptualizing EMDR Therapy in a dynamic, multi-dimensional way. By utilizing the analogy of a house, clinicians can better understand "where they are" within EMDR's eight phases and how better to navigate clinical challenges.

AGENDA

10- 11am	Part 1
11-11:10am	Break
11:10- 12:10pm	Part 2
12:10- 12:30pm	Q & A

EC Program Approval Number: #20016-01

EMDRIA Credits: 2

Registration for this presentation will be limited to 24 in order to allow for a more interactive experience.

Who: Susan Wendelborg, LCSW
What: The EMDR House Model
When: Friday March 26, 2021
from 10:00am - 12:30pm Pacific Time
Where: Online
Cost: \$30

Consultation with EMDR Basic Trained clinicians who have completed training with a variety of trainers indicates the need for additional learning to more fully integrate the Basic Training material. The structured nature of the EMDR Eight Phases lends itself to the misunderstanding that EMDR Therapy is a linear "step-by-step" approach rather than a dynamic structured approach. This advanced training is an effort to utilize a visual analogy in order to enhance right-hemisphere engagement in the material and better provide for an understanding of the multidimensional application of the Eight Phases.

Content Outline

- Objective 1: Participants will be able to conceptualize EMDR Therapy using a house as an analogy. Participants will be taught to use a house analogy and how rooms in a house relate to the 8 phases in order to conceptualize EMDR Therapy.
- Objective 2: Participants will be able to describe how to move from phase to phase in a nonlinear manner based on client need. Participants will be taught the tasks to be completed in each room based on the 8 phases.
- Objective 3: Participants will be able to identify 3 indicators suggesting the need for an extended phase II. Participants will be given visual models to conceptualize the presentation of a lack of resources and stability necessary to proceed with reprocessing phases.
- Objective 4: Participants will be able to conceptualize their "location in the house" of at least one current client. Participants will be given case examples to illustrate "location in the house" within the 8 phases.

Registration is open to mental health clinicians who have completed at least Part One of any EMDRIA-approved EMDR Basic Training. To register, go to <https://www.oregonemdr.com/emdr-training>. Oregon EMDR, LLC maintains responsibility for this program and its content in accordance with EMDRIA standards. Please contact the meeting organizer with questions: Susan Wendelborg, LCSW 541-525-9416 / susan@oregonemdr.com / 1863 Pioneer Pkwy E, Springfield, OR 97477.

